

drinks



Coffee

Cappuccino, latte, chai latte, flat white, long/short black, piccolo, macchiato, mocha,
Hot chocolate / 3.5
Soy, almond milk, decaf, extra shot / 0.5
Large / 1

Loose Leaf and Home-made Tea

English Breakfast, Earl Grey / 4
Green, Peppermint, Chamomile, Lemon-grass / 4
Brewed chai tea with steamed milk / 5
House made fresh lemon and ginger / 4

Freshly Squeezed Juice

Orange / 6
Apple / 6
Carrot, orange, and ginger / 7
Green Juice / 7



Cold Drinks

Smoothie / 6.5
 Banana & honey / berry & vanilla / mango
Protein Smoothie / 9
 Your choice of smoothie with one serve of protein powder
Milkshake / 6.5
 Chocolate / vanilla
Frappe / 6.5
 Coffee / chocolate / mocha
Iced with ice cream / 6
 Coffee / mocha / chocolate
Iced without ice cream / 4
 Latte / long black
Affogato / 5

Coke, Diet Coke, Lemonade / 4
Soda water, tonic water, dry ginger ale / 4
Lemon, lime & Angostura bitters / 5
San Pellegrino / 5

Beer and Cider

Lazy Yak on tap / 8
Peroni, Mountain Goat, Lord Nelson / 9
James Boags Light / 6
Napoleone Apple Cider / 9



Sparkling Wine

NV Primo Estate Primo Secco
McLaren Vale, SA 9/38

Rosé

2015 West Cape Howe Rosé
Mt Barker, WA 9/35

White Wine

2014 Deviation Road Sauvignon Blanc
Adelaide Hills, SA 9/40

2015 Not Your Grandma's Riesling
Eden Valley, SA 9/40

2014 Redbank Long Paddock Pinot Grigio
King Valley, VIC 9/34

2014 Pitchfork Chardonnay
Margaret River, WA 9/34

Red Wine

2013 Santa Christina Sangiovese 8/36

2013 Palliser Estate 'Pencarrow' Pinot Noir
Martinborough, NZ 10/50

2014 Cravens Place Shiraz
Heathcote, VIC 9/41

2013 Kangarilla Road Shiraz
McLaren Vale, SA 10/50

2012 Brokenwood 8 Rows Cabernet Merlot
Hunter Valley, NSW 9/39

2012 Xanadu 'DJL' Cabernet Sauvignon
Margaret River 10/50



Cocktails

American / 12
 Campari, Cinzanno Rosso, soda
Negroni / 14
 Tanqueray, Campari, Cinzano Rosso
Bloody Mary / 12
 Smirnoff, tomato juice, basil, spices
Spritz / 12
 Aperol or Campari, Prosecco, soda
Italian Caipiroska / 14
 Smirnoff, Frangelico, cranberry, lime

breakfast

served all day

Toast with spread / 6
Gluten free / 7



Green eggs and ham herbed omelette with hand carved ham off the bone and provolone dolce. Served with sourdough toast / 20

Avocado bruschetta with our blend of lime and orange ricotta / 17

Mushrooms bruschetta with garlic, olive oil and our home-made ricotta / 17

Add a poached egg / 20

Ham toastie with hand carved ham off the bone, vintage cheddar and tomato on Italian romana / 12

Eggs benni with 2 poached eggs, sautéed spinach, Béarnaise sauce on sourdough toast. Your choice of caramelized bacon, ham off the bone or smoked salmon / 21

Buttermilk pancakes served with our home-made rum, vanilla and orange spiced syrup and mixed berries compote / 20

Add orange and lemon ricotta / 24

Egg white omelette with mixed herbs, spinach and mushrooms / 17

Add salmon / 22

Banana and brown sugar porridge with your choice of rhubarb or fruit compote / 13

Add soy or almond milk / 1

Fruit salad with granola and Greek yoghurt / 12

House-made honey-nut granola with pepitas and raisins served with yoghurt and milk / 10

Add fruit / 3

Soy/almond / 2

Spiced Fruit loaf house made mini loaf with rolled oats, dried fruits, apples and berries / 6

Home made banana mini loaf with brown sugar and cinnamon / 6

Muffins baked daily / 4.5

Two Free Range Eggs With Toast



Poached, scrambled or Fried / 10

Sides

Spinach, mushrooms, roast tomato, chutney, fetta, extra egg, spiced beans / 4

Avocado, caramelized bacon, spiced red wine chorizo beans, ham / 5

Smoked salmon, sweet potato and crispy potato hash brown / 6

lunch & dinner

served from 12

Cheese Platter for two with sweet gorgonzola, pecorino, rolled mint and orange fetta, honey fried haloumi. Served with warm bread, caramelized walnuts and green apple / 34



Marinated olives with warm bread / 12

Mushrooms bruschetta with garlic, olive oil and home-made ricotta / 17

Burgers & Sandwiches



Chargrilled beef burger with onion pickles, gherkins, caramelized bacon, sweet provolone, chipotle mayo and fries / 20

Veggie burger with lentils, quinoa, chia seeds, linseeds, onion pickles, gherkins, fried haloumi, chipotle mayo and fries / 20

Chargrilled chicken fillet on Italian romana with caramelized bacon, mixed lettuce, onion pickles, tomato and mayo / 15
add fries / 4

Mains

Marinated tofu and quinoa salad with spicy lentils, grilled corn, grilled tofu, green leaves, roasted pumpkin, cherry tomatoes, caramelized walnuts and vinaigrette / 20

Chargrilled chipotle chicken salad with tri-colour organic quinoa, avocado, grilled corn, cherry tomatoes, shallots, coriander and vinaigrette / 20

Vodka cured salmon salad with avocado, spiced oranges, red radish, mixed lettuce, cherry tomatoes, onion pickles, cucumber and strawberry vinegar / 20

Mushroom risotto with truffle oil, fine herbs butter and Grana Padano / 26

Seafood risotto made with slow reduced pippies, fish and blue crab broth, prawn herb butter and mussels / 28

Chilli prawn linguini, coriander, chilli and garlic / 22

Sides

Marinated olives / 6

Shoestring Fries with garlic aioli / 7

Green salad with pickled onions, cucumber, cherry tomatoes, mixed lettuce and mustard seed vinaigrette / 8



take-away



Coffee

Cappuccino, latte, chai latte, flat white, long black, piccolo, macchiato, mocha, hot chocolate / 3.5
Short black / 3
Soy, almond milk, decaf, extra shot / 0.5
Large / 1

Loose Leaf and Home-made Tea

English Breakfast, Earl Grey / 4
Green, Peppermint, Chamomile, Lemongrass / 4
Brewed chai tea with steamed milk / 5
House made fresh lemon and ginger / 4

Freshly Squeezed Juice

Orange / 6
Apple / 6
Carrot, orange, and ginger / 7
Green Juice / 7



Cold Drinks

Smoothie / 6.5
Banana & honey / berry & vanilla / mango
Protein Smoothie / 9
Your choice of smoothie with one serve of protein powder
Milkshake / 6.5
Chocolate / vanilla
Frappe / 6.5
Coffee / chocolate / mocha
Iced with ice cream / 6
Coffee / mocha / chocolate
Iced without ice cream / 4
Latte / long black
Affogato / 5

Coke, Diet Coke, lemonade / 4
Soda water, tonic water, dry ginger ale / 4
Lemon, lime & Angostura bitters / 5
San Pellegrino / 5

Breakfast



Toast / 5
Toast with avocado / 8
Toast with 2 eggs / 9

Grilled bacon and egg with house made tomato relish on a damper roll / 9

Leg ham off the bone, vintage cheddar and tomato toastie / 10

Avocado brushcetta with lime and orange ricotta / 13

Mushroom bruschetta with garlic, olive oil and ricotta / 13

Green eggs and ham herbed omelette with hand carved ham off the bone and provolone dolce and sourdough toast / 16

Banana and brown sugar porridge / 9
With rhubarb or fruit compote
Add soy or almond milk / 1

Fruit salad with granola and Greek yoghurt / 10

House-made honey-nut granola with pepitas and raisins served with yoghurt and milk / 9
Add fruit / 3
Soy/almond / 1

Lunch



Shoestring fries / 6

Homemade chargrilled beef burger with onion pickles, bacon, cheese, spicy mayo and fries / 16

Homemade veggie burger with quinoa, chia seeds, sweet potato and linseeds patty, onion pickles, haloumi cheese, spicy mayo and fries / 16

Chargrilled chicken fillet on romana with mixed lettuce, onion pickles, tomato and mayo / 12

Marinated tofu and quinoa salad with spicy lentils, corn, green leaves, pumpkin, cherry tomatoes, caramelized walnuts and vinaigrette / 16

Vodka cured salmon salad with avocado, spiced oranges, red radish, mixed lettuce, cherry tomatoes, onion pickles, cucumber and strawberry vinegar / 16

Chargrilled chipotle chicken with sweet potato, quinoa, avocado and lime dressing / 16

Mushroom risotto with truffle oil and grana padano cheese / 17

Chilli prawn linguine / 18